



# PCRS

*Palliative Care Research Society*

## Palliative Care Research Society Newsletter

Issue 26 April 2009

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### Annual Scientific Meeting – 12<sup>th</sup> November 2009

Abstract submission is now open for our Annual Scientific Meeting at Goodenough College, London on Thursday 12<sup>th</sup> November 2009. Abstracts may be submitted for oral and poster presentation from now until 5pm on Friday 21<sup>st</sup> August 2009. Papers are welcome which describe current research in any aspect of palliative and end of life care.

A Frances Sheldon Novice Researcher Award will be available for students studying for a higher degree and will be awarded to a promising researcher early in their career. The award is £100 plus travel and accommodation and the winner will be notified at the time of abstract selection. This award is given in honour of Frances Sheldon who was a founding member of the PCRS and an internationally respected researcher in social sciences.

The Palliative Care Research Society Committee will select abstracts for inclusion in the meeting based on four criteria: rigour, clarity, relevance and originality. The abstracts therefore need to be as informative as possible.

For further details, and to submit an abstract please go to <http://www.pcrs.org.uk/events.php>

### Forthcoming conferences and study days

#### **Primary Palliative Care Conference**

The second primary palliative care conference organised by PCRS and the CECO and Compass supportive and palliative care research collaboratives is this year being hosted by the Academic Palliative and Supportive Care Studies Group at the University of Liverpool and will be held on April 29th at LACE conference centre in Croxteth Park, Liverpool. Keynote speakers include Professor Scott Murray from the University of Edinburgh, Professor Jane Seymour from the University of Nottingham and Professor Paul Wallace Deputy Director of UKCRN. The daily delegate fee is subsidised

by the organising groups and is £30 to include conference pack, lunch and all refreshments. As places are limited please secure a place by sending a cheque to Mandy Ellison, APSCSG University Of Liverpool, 2nd Floor Whelan Building, University of Liverpool, Brownlow Hill Liverpool L69 3GB ( [m.ellison@liv.ac.uk](mailto:m.ellison@liv.ac.uk))

## **The Association for Palliative Medicine Science Committee Study Days - 14 & 15 May 2009**

### **Day 1: Appraising the Literature Day 2: Research - Getting Started**

Location: Friars Postgraduate Centre, Royal Gwent Hospital, Newport

The Association for Palliative Medicine Science Committee are running a two-day conference, with speakers covering key issues such as Appraising quantitative literature, Appraising qualitative literature, developing the protocol and from project to publication. The two days will comprise a mixture of lectures and 'hands-on' workshops.

For further information and a booking form, please contact Kate Smith either by telephone on 01489 565475 or by email to: [kate@compleatconference.co.uk](mailto:kate@compleatconference.co.uk)

### **Emotions and the Brain**

#### **Latest research on the physiological basis of high stress and trauma and how to understand and maximise help**

**14 May 2009 14.30 - 16.00 St Christopher's Hospice, London Cost: £30**

Rapidly increasing research on the brain is giving us new insights into its effect on stress and emotion. Most human experience, especially traumatic experience, is processed at a subcortical level, in the unconscious rather than in the conscious mind. To be effective, therapeutic approaches need to address both cortical and subcortical processes, aiming to resolve traumatic memories, reduce hyperarousal and chronic impulsivity, reduce the tendency to escape from the black hole of trauma by disconnection and dissociation, and to promote a sense of understanding, safety and control. This fascinating open meeting will be Chaired by Dr Colin Murray Parkes.

For further information and to book your place, visit our website: [www.stchristophers.org.uk/education](http://www.stchristophers.org.uk/education). Alternatively, contact our administrator: E: [education@stchristophers.org.uk](mailto:education@stchristophers.org.uk) or T: 020 8776 4656.

### **Implementing the End of Life Care Strategy in neurological patients**

The National Council for Palliative Care, Royal College of Nursing and the Movement Disorder section of the British Geriatrics Society are running this conference, designed for all those involved in managing people with neurological disease whether as service providers, commissioners, carers or patients. There are two venues: Cowdray Hall, Royal College of Nursing, 20 Cavendish Square, London 27<sup>th</sup> May 2009 and the Graduate Centre, Northern General Hospital, Sheffield – 8<sup>th</sup> September 2009

**For information and booking, please contact: Sue Thomas, Policy Adviser, Long Term Conditions, Royal College of Nursing, Nursing Department, 20 Cavendish Square, London, W1G 0RN. Tel + 44 (0) 207 647 3737**

### **Pushing Boundaries in Palliative and End of Life Care**

Northern Ireland Hospice in Collaboration With Other Stakeholders announce their All Ireland conference. Tuesday 6 & Wednesday 7 October 2009, Stormont Hotel, Belfast. Invited speakers include Baroness Ilora Finlay of Llandaff, Professor Henk Schut, Associate Professor of Psychology, Utrecht University, The Netherlands, Professor David Clark, International Observatory for End of Life Care, University of Lancaster and Visiting Professor of Hospice Studies, Trinity College Dublin & University College Dublin, Professor Keri Thomas, National Lead, Gold Standard Framework Centre, England, Dr Val Stevenson, Consultant Neurologist, National Hospital for Neurology & Neurosurgery, London, Dr Rob George, Co-Chair, End of Life Care Clinical Advisory Group, England, Dr Anita Simmonds, Consultant in Respiratory Medicine, Royal Brompton Hospital, London

If you would like to receive a booking form, please contact: Education Department, Northern Ireland Hospice, Somerton House, 74 Somerton Road, Belfast, Northern Ireland, Tel: +44 (0)28 9078 1836  
Email: [education@nihospice.org](mailto:education@nihospice.org)

### **Help the Hospices Conference 2009**

24-26<sup>th</sup> November 2009, Harrogate International Conference Centre

For more details see [www.helpthehospices.org.uk/2009conference](http://www.helpthehospices.org.uk/2009conference)

### Call for papers 2009

As well as scientific abstracts, we are looking for presentations which reflect service innovation and evaluation in hospice and palliative care. Are you a nurse, fundraiser, volunteer, doctor, therapist, social worker, manager or day centre leader? If you are involved with a hospice in anyway, we would like to hear from you. Online abstracts can be submitted for this conference between 2 January 2009 and 9 April 2009.

### EORTC course on Quality of Life, symptom research and patient reported outcomes in cancer clinical trials

25<sup>th</sup> – 27<sup>th</sup> November 2009. Brussels, Belgium. Course free for academics and non-profit organizations. Some fellowships available for travel and accommodation. See <http://www.eortc.be/probe/> for more details.



[6th EAPC Research Forum, Glasgow UK, 10-12th June 2010](#)

# The 8th Palliative Care Congress

an International learning opportunity

10–12 March 2010  
The Bournemouth International Centre, Bournemouth, England



## CALL FOR PAPERS

Call: Friday 27th March 2009

Close: Friday 25th September 2009

For further information visit our website or contact the organiser: [heather@compleatconference.co.uk](mailto:heather@compleatconference.co.uk) or **01489 565475**

[www.pccongress.org.uk](http://www.pccongress.org.uk)



## NCRI Palliative care collaboratives

### COMPASS

The 2009 COMPASS Annual Scientific Meeting, Better methods, better interventions, better care will be held on Friday 5<sup>th</sup> June at the Royal College of Physicians. For more details see [www.compasscollaborative.com](http://www.compasscollaborative.com)

### CECo

The 2009 CECo Annual Scientific Meeting will be held at the Radisson Manchester Airport Hotel on the 21<sup>st</sup> and 22<sup>nd</sup> April, 2009. For more details see <http://www.ceco.org.uk/events.php>

## Advance care planning guidelines

These guidelines have been prepared by the British Geriatrics Society, Royal College of Physicians, Royal College of Nursing, Royal College of Psychiatrists, Royal College of General Practitioners, British Society of Rehabilitation Medicine, Alzheimer's Society, Help the Aged and the National Council for Palliative Care. This concise guidance is primarily aimed at professionals in England and Wales and will be relevant to all doctors involved in ACP, especially geriatricians, psychiatrists, general practitioners, general physicians and acute medicine specialists. The aim of this guideline is to inform health and social care professionals on how best to manage advance care planning (ACP) in clinical practice. At the core of current health and social care are efforts to maximize individuals' autonomy, promote patient-centred care, offer choice and the right to decide one's own treatment or care. This can be difficult to achieve when an individual has lost capacity – the ability to make their own, informed decision. ACP is one method of enhancing autonomy, not only where an individual has lost capacity, but also by focusing discussion on the individual's values and preferences throughout the time they are in contact with health or social care professionals. Whilst ACP has been used for some time in North America, there has been relatively little experience in the use of ACP in the UK. This set of concise evidence-based guidelines has therefore been prepared to guide practitioners. The guideline contains a number of recommendations, such as training for and implementation of ACP, when and with whom to consider having ACP discussions, the context and content of discussions, preparing ACP documents, and dealing with individuals with progressive and cognitive impairment. For further details see <http://www.rcplondon.ac.uk/pubs/brochure.aspx?e=270>

## International Palliative Care Family Carer Research collaboration

Interested in research about the role and needs of family carers in palliative care? You may want to join a research collaboration which aims to develop a strategic approach to palliative care research work by promoting information exchange and facilitating international partnerships between people interested in this research topic.

Please see [www.ipcfrc.unimelb.edu.au](http://www.ipcfrc.unimelb.edu.au) for further information about the collaboration and how to join.

## EAPC membership

Did you know that your PCRS membership entitles you to collective membership of the EAPC? You can register freely online at [http://www.eapcnet.org/form/eru\\_insert\\_user.asp](http://www.eapcnet.org/form/eru_insert_user.asp). Just fill in the form with your details, select 'Members of an Association (collective members) and choose PCRS in 'I am a member of'. All members registered in the online EAPC database has the following advantages:

- A reduced registration fee for EAPC events including the biennial congresses.
- A 14.3% reduction in the usual individual subscription fee to the printed version of the **European Journal of Palliative Care (EJPC)**, the official journal of the EAPC; a 10.3% reduction in the combined (printed and electronic) subscription.
- A 20 % reduction in the usual individual subscription fee to Palliative Medicine, the Research Journal of the EAPC.
- A 20,00 % discount on all medical titles at Oxford University Press <http://www.oup.co.uk/promotions/medicine/websoceapc/>, including the Oxford Textbook of Palliative Medicine, The Oxford Handbook of Palliative Care and the Oxford Textbook of Palliative Care for Children.
- The ability to download regularly from the "Restricted area" of the EAPC website a pdf file of one selected paper of each issue of the two official Journals of the EAPC (EJPC comment: 6 times a year, Palliative Medicine selected article: 8 times a year) and many other articles and documents.

## Information exchange

Do you have information you want to exchange with other PCRS members? Do you want to find an expert in a particular field? Do you want to explore collaborations with others? We're starting a new short section in the newsletter to include information from our members about information, expertise and other research matters. If you have something you want to include, please contact [catherine.walsh@manchester.ac.uk](mailto:catherine.walsh@manchester.ac.uk).

## Joining the PCRS

The society is easy to join, with full details and an on-line form on the website at [www.pcrs.org.uk](http://www.pcrs.org.uk). Membership costs just £30 per year and benefits include:

- Reduced registration fees for some of the conferences organised, or jointly organised by the PCRS (note: individuals who are considering attending at least one such conference during the year will often find it economically advantageous to join the PCRS simply in order to benefit from the reduced conference fee). Note: this does not apply to every conference.
- Access to a list of members' contact details and research interests to facilitate multi-professional and multi-centre research initiatives.
- PCRS newsletters.

### For general enquiries

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### Items for the newsletter:

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